

RCC HOLIDAY TRAVEL GUIDELINES

RCC follows CDC guidelines for [Travel](#) (Domestic and International). Please complete the travel form and submit to your supervisor prior to travel.

AFTER DOMESTIC TRAVEL

Fully Vaccinated Individuals returning to campus

1. Will not be required to take a COVID-19 tested or self-quarantine if they meet the following conditions:
 - a. You did not have direct contact with someone confirmed positive for COVID-19.
 - b. You did not attend or host gatherings with others who were not in their immediate household.
 - c. You did not participate in activities, or settings where they could not social distance and were with both vaccinated and unvaccinated people.

If you answered yes to any one of the conditions listed above, you will be required to take a **viral test 3-5 days** after your last day of travel. You will not have to self-quarantine as long as you remain asymptomatic.

****People who have tested positive for COVID-19 within the past 3 months and recovered, as long as they do not develop new symptoms, do not need to get tested.***

If you answered "no" to all, proceed to #2.

2. Self-Monitor for COVID-19 Symptoms
3. Follow all federal, state and college requirements
4. If symptoms develop:
 - a. Test Immediately
 - b. Contact your Healthcare provider if necessary
 - c. Complete the appropriate RCC COVID-19 Form
 - d. Stay home and self-quarantine for a full 10 days even if you test negative.
 - e. If you remain asymptomatic you can return to campus on day 11.

NOT fully vaccinated

Self-quarantine and get tested after Domestic Travel:

- Get tested with a **viral test 3-5 days** after returning from travel.
 - Check for COVID-19 [Testing](#) locations near you
- Stay home and self-quarantine for a full **7 days** after travel, even **if you test negative** at 3-5 days.
- **If you don't get tested**, stay home and self-quarantine for **10 days** after travel. If you remain asymptomatic you may return to campus on day 11.
- **If you develop symptoms and/or test positive** you will be required to quarantine for 14 days. The 14-day quarantine will start from the day of the test results.

AFTER INTERNATIONAL TRAVEL

Self-quarantine and get tested after International travel regardless of vaccination status:

- Get tested with a **viral test 3-5 days** after returning from travel.
 - Check for COVID-19 [Testing](#) locations near you
- Stay home and self-quarantine for a full **7 days** after travel, even **if you test negative** at 3-5 days.
- **If you don't get tested**, stay home and self-quarantine for **10 days** after travel. If you remain asymptomatic you may return to campus on day 11.
- **If you develop symptoms and or/test positive** you will be required to quarantine for 14 days regardless of vaccination status. The 14-day quarantine will start from the day of the test results.

AFTER LOCAL TRAVEL (cities, towns in the state of Virginia within a 50 mile radius of where you live and less than 12 hour drive, i.e. Hampton Roads, West Virginia, Northern Virginia, Lynchburg, Fredericksburg, Bristol, Culpeper, Richmond, Salem and Staunton)

Please be advised that individuals traveling locally will follow *the "Domestic Travel guidelines"* for vaccinated and unvaccinated individuals.