



Picture yourself in a new career! Start here with Power-Up!

WHO'S THE RIGHT FIT?

- **INCOME GUIDELINES**
Potential students must have an income at or below 200% of the Federal Poverty Level.
- **ATTITUDE**
Must have a positive attitude and willingness to learn new exciting skills.

WHAT ARE THE COMMITMENTS?

- **ATTENDANCE**
Must attend class online or in-person.
- **PERFORMANCE & COMPLETION**
Students are expected to participate in & complete daily activities to the best of their abilities.

WHAT IS POWER-UP? WHAT ARE THE BENEFITS?

Power-Up is a 8-week career readiness program designed to prepare individuals to enter the workforce. During the first 4 weeks of the program (via Zoom or in-person at the Kilmarnock campus), participants attend daily workshops such as financial and computer literacy, resume writing, interview skills, communication, teamwork, leadership, conflict resolution, and others. During the final weeks participants will attend occupational training such as Welding, Nurse Aide, Pharmacy Tech, Commercial Driver's License, Hospitality/Tourism, and others (occupational training time varies).

Students have the potential to earn various certifications throughout the course to aid in securing employment. As an added bonus, students earn incentives for their successful participation, attendance and completion of tasks.

Incentives include:

Weekly Walmart, gas, lunch, and/or Food Lion cards and an electronic tablet after final completion of the program.

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