#311 Creative Writing
RCC Warsaw Campus
Instructor: Sarah Collins Honenberger

Tuesday, September 3, 10, 17, and 24
1 to 3 pm
$40

Learn and practice the secrets of memorable writing. Create characters who make you ache and stories that send you spinning. Classes will cover reading selections from today’s successful authors, writing exercises, and critiqued selections of your “manuscript-in-progress.”

Sarah Collins Honenberger’s third novel, “Catcher, Caught” is a Pen Faulkner Foundation selection for its Writers in Schools program. It was #1 in Death and Dying on Amazon.com in 2010 as well as a semi-finalist in the 2009 Amazon Breakthrough Novel Contest. Honenberger’s numerous fiction awards include First Prize from New Millennium, First Prize in the Hook judged by John Grisham, second runner-up for the F. Scott Fitzgerald Fiction Award, and nominations for the Library of Virginia Fiction award in 2007, 2009, and 2010.

#312 Introduction to Computers
RCC Warsaw Campus
Instructor: Martin Bailey

Monday, September 9, 16, 23, and 30
2:30 to 4:30 pm
$35

This course is designed for those who are not confident using technology. It will begin with basic computer operating fundamentals for both hardware and software, and will provide an overview of Windows 7 OS and Windows 10 OS. Students will develop competency in file and folder organization and management, Internet and email usage, and management of various file formats. This course will also briefly introduce the Microsoft Office Suite, reviewing the main features of each of its primary applications. Computers will be available however feel free to bring your own laptop. Tablets will be addressed in the last session.

Martin Bailey holds a bachelor’s degree in mathematics from The College of William and Mary and a master’s degree in computer science from Virginia Tech. Before his retirement from the Naval Surface Warfare Center in Dahlgren, he was involved in many aspects of computer work, including programming, algorithm development, database management systems, and computer security. Bailey is also an adjunct professor at Rappahannock Community College.

#313 Harlem Renaissance Rewind: Painting and Prose
L.I.F.E. School of Art, Tappahannock
Instructor: Donna “DJ” Jackson

Tuesday/Thursday, September 10, 12, 17, and 19
4 to 6 pm
$55 (includes supplies)

Travel back in time to the Harlem Renaissance period, 1919–1949, when African-American art, literature and music was alive and vibrant. Bring out your creativity through expressions in painting and prose. Explore the different art forms and artists of the era and create masterpieces in the styles of selected artists. Music of the period is played in the background to set the mood while you paint. Literary works will be discussed and you can write your own pieces to accompany your modern-day renaissance painting. Learn about the social,
cultural and political circumstances that gave rise to the Harlem Renaissance and the great migration north. Hands-on class.

Donna “DJ” Jackson is a native of Northumberland County, and currently teaches middle school art in Richmond County Public schools. She along with her cofounder opened its doors to L.I.F.E. School of Art in June 2018 in Tappahannock, VA. Jackson earned a Bachelor of Arts degree in graphic design from Norfolk State University and a Master of Arts degree in arts management from George Mason University. Her love for the arts continues through her non-profit venture.

#314 Winning the War Against Paper Clutter  
RCC Kilmarnock Site  
Instructor: Debbie Bowie  

Friday, September 20  
1 to 3 pm  
$20

Paper is unrelenting. It just keeps pouring in, cluttering up our homes and offices. It is the most difficult organizing challenge that we face in our daily lives. Paper clutter can shut down even the best organizers and send very capable people running for an escape. In this class you will learn what makes paper management so challenging, strategies for clearing paper clutter and daily paper management, what papers to keep and what can be pitched. Develop habits that will make it possible to prevent future paper clutter nightmares.

Debbie Bowie has been described as an “organizing angel” by clients. She has helped thousands of individuals clear clutter to make room for new opportunities and dreams to manifest in their lives. Debbie is a Certified Professional Organizer®, a Certified Organizer Coach® specializing in ADHD, feng shui practitioner, a professional speaker and the author of two books, “From Cluttered to Clear in Just One Year: Your Room-by-Rooms Home Makeover” and “Rock Scissors Paper: Understanding How Environment Affects Your Performance on a Daily Basis.”

#315 Rosewell: An Overview and History of Colonial America’s Most Magnificent Mansion  
Day one: Wednesday, October 9, 9:30 to 11:30 am  
RCC Glenns Campus Lecture Hall  
Day two: Thursday, October 10, 9:30 to 11:30 am  
Rosewell Visitor Center, Rosewell Plantation Rd, Gloucester, VA 23061  

Instructor: Clayton W. James  
$35

With its 300 year history, the Rosewell Ruins in Gloucester County exist today as a relic of America’s fabled past. From the earliest Native Americans to the post-Civil War industrialization, American history was forged at Rosewell. This course will take a chronological walk through the history of Rosewell and discover why Rosewell today stands as one of America’s most important historical sites and is referred to as America’s “Most Magnificent Mansion.” Day one will be a presentation about Rosewell and on day two students will visit Rosewell.

Clayton W. James, CFM, is a registered financial advisor and serves as the Managing Director of Jamestowne Investments, LLC. Clayton graduated from Hampden Sydney College in 1991 with a bachelor’s degree in mathematical economics, and has been helping investors in the investment management industry since 2003. Mr. James is currently Rosewell’s president.
#316 A Julian Barnes Literary Sampler
RCC Kilmarnock Center
Instructor: Gail Wilson Kenna

Thursdays, October 10, 17, 24, and 31
1 to 3 p.m.
$35

Julian Barnes, a celebrated, contemporary British author, has extraordinary range (novels, short stories, essays, articles) and remarkable variance in subjects and themes. Intellectually subversive and wildly funny, he writes witty and daring prose which engages and delights the reader. Books that will be explored in the four discussion-based classes are: “The Noise of Time,” “The Only Story,” “The Lemon Table,” and a fourth selection to be determined. Following registration for the course, students will receive the reading list and the order in which they will be discussed.

Gail Wilson Kenna taught college and university classes for decades in foreign countries and in the United States. A published author of four books, a 2012 Bread Loaf Writers’ Conference scholarship winner, Kenna is the Creative Nonfiction judge for the Soul Keats literary competition in San Francisco, now in its 28th year. Since moving to the Northern Neck in 2004, she has taught numerous writing and literature courses for RILL.

#317 Creating Inspired Floral Arrangements
RCC Warsaw Campus
Instructor: Laura Anne Brooks

Tuesdays, November 5, December 3, and January 14
1 to 3 pm
$45

Floral artist Laura Anne Brooks will lead students through a series classes based on three different styles of floral design: French, English garden, and contemporary. Classes will stress mass, line, and form, while incorporating color, harmony, texture, and balance. The November class focus is on French design, and a mechanics piece and flowers will be provided. For the English garden class in December a 12” to 14” urn is required. Evergreens, berries, red roses, and other florals will be incorporated. The January class explores contemporary design using a low, flat 12”-14” container in the Japanese style. Houseplants and tropicaless will be used. After an hour of instruction and an hour of hands-on arranging, participants will leave each class with large, professional arrangements.

Laura Anne Brooks is an accomplished Japanese Ikebana designer and has studied French and English art and decoration as well as floral design in the European manner. Her design studio in King William, VA, is Designs from Dunluce. Her work is often featured in the Virginia Museum of Fine Arts.

#318 Growing More Than Plants: Gardening for the Mind, Body, and Soul
RCC Kilmarnock
Instructors: Susan Lindsay and Anne Olsen

Thursday, November 7, 14, and 21
1 to 3 pm
$35

What is it that connects humans and plants? We enjoy their beauty and the nourishment they provide, but there is much more. Discover how gardening is used for emotional therapy, to aid rehabilitation, to provide intellectual stimulus, and for spiritual healing. Explore different types of gardens and the essential role gardens and gardening play in schools, hospitals, monasteries, even prisons. They can promote urban renewal,
mental health, and economic security. This three-part series explores the deep connection that exists between two very different orders of creation.

Long-time Master Gardeners and residents of the Northern Neck, Sue Lindsey and Anne Olsen have presented many programs on different aspects of horticulture. Both have held leadership positions in multiple aspects of the Master Gardener activities. For Sue, the themes of these presentations have offered an opportunity to explore the complex network of interactions between man and plants. And after 30 years of working in and visiting gardens, Anne continues to be fascinated by how gardeners’ different approaches fulfill their individual needs.

#319  Genealogy 102: Climbing Deeper into Your Family Tree
RCC Glenns Campus
Instructor: Bessida Cauthorne White

Friday, October 18, 25, and November 1
1 to 3 pm
$35

You have the basics of your family tree but now what? How do you search for the missing branches? With White guiding you find out how to use DNA results beyond the basics, military records, and online resources and software options. Discover your family’s unique history and story.

Bessida Cauthorne White, a genealogist for nearly 40 years, is her church’s historian and historian for eight families. She is a founder of two genealogy societies and currently serves as president of Middle Peninsula African-American Genealogical and Historical Society. White manages the DNA results for 35 persons.

#320 Historic Sites in Upper Lancaster County
Various locations
Instructors: Page Henley and Lois Williams

Wednesdays, October 23, October 30 and November 6
1 to 3 p.m.
$35

October 23 participants will gather at St. Mary's Whitechapel and Page Henley will discuss "350 Years at St. Mary's Whitechapel." On October 30 there will be a driving tour of the Corotoman Peninsula with highlights from Lois Williams; and the course concludes on November 6 at Merry Point with a tour and discussion of "The Davis Tobacco Inspection Station and Warehouse."

Page Henley, former president of the Lancaster Virginia Historical Society, is a descendant of The Rev. Lawrence Rousseau Combs, the Rector of five Episcopal Churches in Lancaster County from 1902 to 1933, including St. Mary's Whitechapel and Emanuel, a small church at the end of Towles Point. Lois Williams co-authored Tobacco Trader on the Corotoman and is a member of the RILL Executive Committee.

#321 Brains and Balance
RCC Kilmarnock Center
Instructor: Meg Miller

Tuesdays, August 20, 27, September 3, 10, 17, 24
2 to 3 p.m.
$35

Comprehensive class designed for seniors with the goal of improving strength, flexibility, dexterity, and balance utilizing free weights, bands, and balls. Parts of the class are done while seated in a chair. Emphasis is on exercises and drills to build spatial awareness, improve or restore function, build muscle and assist in activities of daily living. Includes overview of basic muscle anatomy, dance for coordination, and dexterity/endurance challenges, and a lot of fun.

Meg Miller is a certified group fitness instructor who teaches senior fitness classes at the Northumberland YMCA.
Register and pay online at: https://www.rappahannock.edu/foundation/lifelong-learning/ or complete and mail the following:

**Contact Details**

Name(s) for name tags: _______________________________________________________________

Phone #: ____________________________________________________________________________

Address: ____________________________________________________________________________

Email: ______________________________________________________________________________

**RILL Fall 2019 Courses**

Please check your selections below:

- [ ] #311 Creative Writing $40 x _____ = __________
- [ ] #312 Introduction to Computers $35 x _____ = __________
- [ ] #313 Harlem Renaissance $55 x _____ = __________
- [ ] #314 Winning the War on Paper $20 x _____ = __________
- [ ] #315 Rosewell $35 x _____ = __________
- [ ] #316 Julian Barnes $35 x _____ = __________
- [ ] #317 Seasonal Arranging $45 x _____ = __________
- [ ] #318 Gardening $35 x _____ = __________
- [ ] #319 Genealogy $35 x _____ = __________
- [ ] #320 Upper Lancaster County $35 x _____ = __________
- [ ] #321 Brains and Balance $35 x _____ = __________

Subtotal: = __________

Discount: = __________

All RCC employees and residents of RW-C receive 50% off tuition.

I would like to make a donation to 
RCC EFI to support RILL scholarships: = __________

**TOTAL:** = __________

Make checks payable to:
RCC EFI
PO Box 923
Warsaw VA 22572

Questions?
Contact Michele Inderrieden, Program Coordinator, minderrieden@rappahannock.edu, (804)333-6824

RILL is the Rappahannock Institute for Lifelong Learning, a program of Rappahannock Community College’s Educational Foundation.
Mission: Recognizing that a vigorous mind is as necessary to a full life as are physical exercise and social relationships, RILL offers educational opportunities and intellectual enrichment for adults of any age. In a stimulating classroom environment, participants can acquire new knowledge, explore ideas, and share interests and experiences with like-minded community members.

Classes: RILL’s noncredit college-level classes are held in several convenient locations within RCC’s service region. Some instructors may suggest specific preliminary reading material to prepare students to get the most from the course. This will be sent to registered students. The courses do not require prerequisites nor have tests. Evaluations by participants will provide valuable feedback for future offerings.

Registration and tuition are required prior to the start of classes, and early registration is strongly advised as class sizes are limited.

THANK YOU FOR YOUR GENEROUS SUPPORT!
Rappahannock Westminster-Canterbury

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Martin Bailey, Peter Bennett, Bette Dillehay, Ralph Fallin, Rob Gates, Mary Lib Hoinkes, Ron Saunders, Sue Straughan, Lois Williams

Sarah Pope, Dean of College Advancement/Executive Director
Michele Inderrieden, Program Coordinator, RILL