Warsaw Campus **52 Campus Drive** Warsaw, VA (804) 333-6700



Glenns, VA (804) 758-6700

Randi Harrell, Student Editor-In-Chief

Student Engagement Newsletter

Volume SP23, Issue 12

Tyhesha Smith, Student Engagement Specialist StudentActivities@rappahannock.edu

April 2023



Glenns Campus APRIL 19 2:00 pm - 5:00 pm Student Lounge

Warsaw Campus APRIL 26 2:00 pm - 5:00 pm Student Lounge

If you're a business who would like to participate in the Spring Career Fair, please register by April 12, 4:00 pm.

To register or for more information, contact Tyhesha Smith at tsmith@rappahannock.edu



Rappahannock Community College

Volume SP23, Issue 12 Page: 2



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VCU Health System

Nurse Residency Program

About the Nurse Residency Program

Our Nurse Residency Program is a year-long program that invests in new graduate nurses by providing transitional support through comprehensive unitbased clinical learning.

Components Include:

- Hands-on unit-based learning and skill development
- Monthly resident seminars
- Best practices learning series for early clinical leadership and decision making skills
- Completion of case study and evidence-based project

Requirements:

- Graduate of accredited
 nursing program
- RN license within 90 days of graduating

Why VCU Health?

- Reputable academic medical center with the region's only fullservice children's hospital
- Level 1 Trauma Center
- NCI Designated Cancer Center
- Career development through clinical ladder progressions

Departments

Endless opportunities for New Grad RNs in multiple specialty areas to include Med/Surg, Intensive Care, Emergency Room, Pediatrics, Burn, Cardiology, Operating Room & More!

Benefits

- \$10K New Grad RN Sign On Bonus
- Competitive health plan coveragemedical, dental, vision, etc.
- Tuition assistance- \$10k for BSN & \$15k for MSN!
- Attractive PTO accrual
- Retirement & flex spending accounts & more!

Apply early! Go to vcuhealth.org/explore-vcu-health/careers

Volume SP23 Issue 12 Page: 3



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BON SECOURS MERCY HEALTH

Ready to Grow Your Future?

Why choose between school and your career? With 100% tuition coverage for select clinical pathways, you can do both! Starting day one of employment, eligible associates can access BSMH's education benefits program through Guild Education.



Personalized Coaching & Support: Connect for free with Guild's expert education coaches, who can provide dedicated, one-on-one guidance along the way.

Debt-Free Programs: Take advantage of a lifetime of learning with a wide variety of program offerings and no lifetime maximum for the education benefit.

Maximum Choice & Flexibility: Take command over your schedule with flexible start dates, self-paced learning opportunities, and online courses.

How it Works:

As an eligible BSMH associate, you'll be able to take advantage of three different funding options — check it out:



Full Tuition Assistance (debt-free priority pathways) 100% tuition coverage for select in-network clinical pathways including nursing, nursing support, medical assistant, respiratory therapy, and laboratory!



Standard Tuition Assistance (direct payment to learning institutions) Up to \$5,250 per year toward in-network academic programs and undergraduate degrees, and up to \$10,000 per year toward in-network nursing & graduate degrees.



Tuition Reimbursement

Up to \$5,250 per year toward out-of-network academic programs and undergraduate degrees, and up to \$10,000 per year toward out-of-network nursing & graduate degrees.

Ready to get started? Head to careers.bsmhealth.org to learn more!

Volume SP23, Issue 12 Page: 4



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Rappahannock Westminster-Canterbury

Want a career where you make a difference for others and fulfill your purpose? Choose RWC

RWC Community History: Founded in 1985 and situated on 165 beautiful acres outside the village of Irvington in Virginia's Northern Neck, RWC is a continuing care Retirement Community is home to over 250 older adults. Residents choose to live here for the independent and worry-free lifestyle offered.

The campus consists of independent living units (free standing homes, cottages, and apartments), a skilled nursing center, an assisted living center, and a small house for memory care.

Additional Benefits to joining:

- \Rightarrow Generous paid time off
- \Rightarrow 401K Retirement plan
- ⇒ Numerous employee engagement opportunities
- \Rightarrow Low resident to staff ratios
- ⇒ Nursing tuition scholarships
- ⇒ Medical, Dental & Vision Insurance

Apply online at rw-c.org or indeed.com

Contact Information: Emilie Webster (804) 438-4030 & Emily Elbourn (804) 438-4845

Email address: hrmgr@rw-c.org

Volume SP23, Issue 12 Page: 5

Rappahannock Community College

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Riverside

We live our mission: Our culture is centered on teamwork and feeling like family. Riverside nurses are carefully selected for their empathy, ethics, and clinical skills. Each is committed to our mission of caring for others as we would care for those we love. If you value diversity, teamwork, and respect– and caring is at heart of your nursing practice please consider joining our team.

<u> Riverside Benefits:</u>

- \Rightarrow Competitive pay
- ⇒ Clinical ladder advancement program
- \Rightarrow Dental and vision plans
- ⇒ Medical plan options
- ⇒ Wellness & fitness center discount
- ⇒ Adoption assistance
- ⇒ Paid time off for full & part time team member



Apply today: www.riversideonline.com/careers

Contact information: Phone Number- (757) 534-5627

Email Address: employment@rivhs.com

<u>Our Location:</u> Talent Acquisition 12420 Warwick Blvd, bldg. 7, Suite 7A Newport News, VA 23606



Volume SP23, Issue 12 Page: 6



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National Aeronautics and Space Administration



Join Us to Learn About Opportunities at NASA Langley

Rappahannock Community College Warsaw & Glenns Campus Lecture Hall 04/12/2023 12:30 pm - 2:30 pm

NASA personnel will deploy across Virginia to visit and recruit students from community colleges.

NASA needs students from all degree programs:

Math, Computer and IT, Engineering, Physical Sciences, Marketing, Human Resources, Administrative, Finance, Accounting, Art, Technology, Robotics, Automotive, and General Education.

Opportunities for students will be showcased:

OSTEM Intern, Pathways Intern, Pre-Apprenticeship, Apprenticeship and Volunteer Programs.

NASA personnel will share their personal career path from community college to NASA.



Volume SP23, Issue 12 Page: 7



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Sponsored by RCC Student Activities.

APRIL 11 Warsaw Student Lounge 4:00 pm to 7:00 pm

APRIL 18 **Glenns Student Lounge** 4:00 pm to 7:00 pm





Rappahannock Community College

Scan the code to register. For more information

Volume SP23, Issue 12 Page: 8

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Study Buddies is here!

What is Study Buddies?

Navigate's online tool to help you connect with classmates and study partners!

Register for Study Buddies:

- Download the free Navigate app in the App Store or Google Play by searching "Navigate Student."
- Open the Navigate Student app, select Rappahannock Community College, enter your myRCC credentials.
- Follow the directions to complete set up. Scroll down to "Explore" and select "Study Buddies."

Your classes will be listed. Each class shows how many students are already in a study group. You will either join an existing group or start one.

If you need help connecting with Study Buddies, email studenthelpdesk@rappahannock.edu.

MAKE IT A GREAT SEMESTER! Students who study in groups learn 2.5 times more than those who study alone!

Rappahannock Community College

Volume SP23, Issue 12 Page: 9



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Students! Are you Interested in joining clubs at RCC?

If so please fill out the link below to show any interest

<u>OR</u>

If you have your own idea of what you would like to have at RCC.

https://docs.google.com/forms/ d/19UiZXOn1UsjVwyyKYPIdaQl0_qBkqCPmIZ-24VIN5M/edit?usp=drivesdk





Do you like writing and editing?

Want to add to your resume? RCC is looking for volunteer editors to help run a student academic journal. On campus students and online students are welcome!

Duties could potentially include:

- Contacting student writers and working with them to edit their submissions
- Designing the journal layout
- Promoting the journal for submissions

If you are interested, please contact: Professor Amber Dinquel <u>adinquel@rappahannock.edu</u>

We are aiming for a late Spring 2023 release for our first edition

Volume FA22, Issue 12 Page: 10



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The Affordable Connectivity Program

Provides eligible households with a discount on broadband service and connected devices. Anyone receiving a Federal Pell Grant during the current award year qualifies. Call 877-384-2575

https://www.fcc.gov/acp

The Benefit provides:

- ⇒ Up to \$30/month discount for internet service
- ⇒ Up to \$75/month discount for households on qualifying tribal lands
- ⇒ A one-time discount of up to \$100 for a laptop, desktop computer, or tablet purchased through a participating provider.



Provides shelter and services

The haven is committed to preventing and eliminating all types of domestic violence and sexual violence. Support is available in the following counties:

Westmoreland, Richmond, Essex, Lancaster, and Northumberland

For more information visit <u>https://www.havenshelter.org</u>

24/7 Confidential Hotline: 1-800-22HAVEN(4236)

I Can't Find the LOST and FOUND!

- o Did you find something and don't know where to turn it in?
- o Did you lose something and don't know who to ask?
- \Rightarrow The answer to both of these questions are....

The Warsaw & Glenns Campus Welcome Desks

Mon-Thurs. 8:00am-7:00pm

Friday: 8:00am-12:00pm

Saturday: 8:00am-12:00pm (Glenns) & 8:00am-2:00pm(Warsaw)

Volume FA22, Issue 12 Page: 11



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What is TimelyCare?

Access to 24/7 mental health support for all VCCS students.

Who can use TimelyCare?

Any enrolled VCCS student can use TimelyCare.

timely care

What can I be treated for?

Our counselors can treat/discuss a wide range of common conditions, and after talking to you, will decide on the best course of treatment.

Some common presenting issues are: stress and anxiety, relationships, and depression.

How much does a visit cost?

There is no cost to enrolled VCCS students.

I already have insurance and a primary provider, how does TimelyCare benefit me?

With TimelyCare, you will have free, 24/7 access to counselors from anywhere in the United States, so you'll never have to spend time or money looking for resources when you're away from home or campus.

Can I get a prescription?

Yes, if the provider deems it clinically appropriate.



Visit timelycare.com/vccs for additional information.

What services are available?

TalkNow visits (24/7 mental health support) and Scheduled Counseling visits (3 per year, starting January 3, 2022) are available at no cost.

How do I log in?

Go to **timelycare.com/vccs** and follow the prompts.

*Mobile users will be directed to download the TimelyCare app.

Volume SP23, Issue 12 Page: 12



StudentActivities@rappahannock.edu

Thrive Virginia will be providing supplemental meals during spring, summer, winter, and Thanksgiving breaks. You may know persons who may benefit with additional access to food for their families. **Please share the following link to those who may benefit from this service:**

https://customervoice.microsoft.com/Pages/ResponsePage.aspx? id=ef_1vww33EKB3eDKYN1ufLsNfyhf53FMiKqPo5sIgdRUNUVJSU9VWFI3NVJTUVVGNEtMVVdTT01DWC4

SQUALL'S STALL

NOW OPEN

RCC Food Pantry

WARSAW & GLENNS CAMPUSES

Open to RCC students, faculty and employees.

Fresh, frozen, non-perishable food items and personal hygiene items are available.



To schedule a food pantry request, email foodpantry@rappahannock.edu or scan code.

Include:

· Name, phone#, ID# (if applicable)

- · Number of persons in your household (adults and children)
- Known food allergies
- · Preferred campus (Warsaw or Glenns)

NO PERSONAL INFORMATION IS RETAINED



Volume SP23, Issue 12 Page: 13



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If you need food assistance, please visit one of the pantries listed below.

Pantry	Service Area	Address	Number	Distribution
Tappahannock 7th Day Adventist	ESSEX	1683 Tappahannock Blvd. Tappahannock, VA	443-5085	Wednesdays 12-3PM
Holy Tabernacle of God	LANCASTER	2445 Merry Point Rd. Lancaster, VA	462-0056	3rd Tuesday 1-3PM
Upper Lancaster Community Food Pantry	LANCASTER	8484 Mary Ball Rd. Lancaster, VA	462-5908	2nd Thursday 2-6PM
White Stone Baptist	LANCASTER	549 Chesapeake Dr. White Stone, VA	435-1413	Tuesdays 1-3PM (only one visit per month)
Kilmarnock Baptist	LANCASTER & NORTHUMBERLAND	65 E. Church St. Kilmarnock, VA	435-1703	3rd Wednesday 1-4PM
White Stone Church of the Nazarene	LANCASTER & NORTHUMBERLAND	57 Whisk Dr., White Stone, VA	435-9886	2nd Saturday 8-10AM
Wicomico United Methodist	LANCASTER & NORTHUMBERLAND	5060 Jessie DuPont Memorial Hwy. Wicomico Church, VA	436-4252	3rd Wednesday 3-5PM
Clarksbury United Methodist	MIDDLESEX	15924 Gen. Puller Hwy, Deltaville, VA	776-6060	1st Saturday 9-11AM
Hands Across Middlesex	MIDDLESEX	7485 Gen. Puller Hwy, Locust Hill, VA	758-2044	2nd Tuesday 10AM-4PM 3rd Saturday 9AM-12PM 4th Tuesday 10AM-7PM
Union Shiloh Baptist	MIDDLESEX	Rt. 17, Jamaica, VA	758-4865	1st Tuesday 8:30-10:30AM
Gleamers and Blenders	NORTHUMBERLAND	16097 Nbland Hwy. Burgess, VA	761-7783	2nd, 3rd & 4 th Thursday 10AM-12PM
Melrose United Methodist	NORTHUMBERLAND	1317 Lewisetta Rd. Lottsburg, VA	529-6344	3rd Saturday 9-11AM
Callao Rescue Squad	NORTHUMBERLAND	1348 Northumberland Hwy. Callao, VA	529-6630	4th Sunday 2-4PM
Bethany Baptist	RICHMOND WESTMORELAND NORTHUMBERLAND	16256 Richmond Rd. Callao, VA	529-6890	3rd Friday 9-11AM
Farnham Baptist	RICHMOND & UPPER LANCASTER	4632 Farnham Creek Rd., Farnham VA	394-9630	2nd Tuesday 1-3PM
Emmanuel Christian Fellowship	RICHMOND & WESTMORELAND	440 Emmanuel Church Rd. Warsaw, VA	313-2022	4th Saturday 9:30-11:30 AM
Warsaw United Methodist	RICHMOND & WESTMORELAND	287 Main St. Warsaw, VA	333-3220	The Friday after the 1st Thursday 8AM-12PM
Colonial Beach Baptist	WESTMORELAND	10 Garfield Avenue	224-7555	Every Thursday 10AM- 12PM
Ebenezer Church	WESTMORELAND	144 Ebenezer Church Rd. Oldhams, VA	472-4642	3rd Saturday 9-11AM
Little Zion Baptist Food Pantry	WESTMORELAND	7748 Leedstown Rd. Oak Grove, VA	224-0418	3rd Saturday 9-10:30AM
Oak Grove Baptist Church	WESTMORELAND	8096 Leedstown Rd. Colonial Beach, VA	224-9695	1st Sunday 1-3PM
St. James Episcopal	WESTMORELAND	15870 King's Hwy. Montross, VA	493-8285	2nd Saturday 9-12PM
St. Mary's Episcopal	WESTMORELAND	203 Dennison St. Colonial Beach, VA	224-7186	2nd & 4th Monday 10AM- 12PM